



PHYSICAL REHABILITATION INFORMATION AND RESOURCE GUIDE

"Helping you achieve your daily living goals, one step at a time"

Courtesy of:

Jack C. Montgomery VA Medical Center
Inpatient Physical Rehabilitation Unit / 5 West
1011 Honor Heights Drive
Muskogee, OK 74401
918-577-4001
918-577-4019 Fax
866-397-8387 Toll Free

Services and Employment for the Disabled

Goodwill Industries

2800 Southwest Boulevard
Tulsa, OK 74107
918-584-7291

- Career Development Center and Temporary Services placement for disabled persons
- Employment in janitorial, retail and packaging
- One of the largest employers of people with disabilities or special needs in the State of Oklahoma

Handicapped Vehicle Services Unlimited – www.hvsu.com

7215 East 46th Street
Tulsa, OK 74145
800-580-7311

- Offering side entry ramp minivans, rear entry ramp minivans, and traditional full size lift vans for sale or rent
- 3 year/36,000 mile warranty on all vehicles
- Vehicle modification service available for people wishing to use their own vehicle (inspection required – 6 to 8 week modification time)
- Tulsa's premier handicapped equipment vehicle van specialist
- Financing available for qualified buyers, call for details

TAGS – Tulsa Amputee Group Support

819 East 19th Street
Tulsa, OK 74129
918-663-6637

Tulsa Community College disABLED Student Resource Center

TCC Metro Campus
909 S. Boston Avenue, Rm. 331B
Tulsa, Oklahoma 74119
Office / 918-595-7115
Fax / 918-595-8398
TDD / 918-595-7287

- Provides academic support services for individuals with documented disabilities at **all four (4) campuses** of Tulsa Community College

Social Security Administration

Social Security Administration – www.ssa.gov

Toll-Free Number: 1-800-772-1213

Muskogee Location:

Federal Building
125 South Main Street, Room 1B15
Muskogee, OK 74401
918-687-2338

Other Locations:

900 Leisure Lane
Bartlesville, OK 74006
918-333-5301

902 South George Nigh
McAlester, OK 74501
918-423-1631

308 Creek Place
Okmulgee, OK 74447
918-756-3923

909 East Federal Street
Shawnee, OK 74804
405-273-2325

Lakeview Plaza
518 East Lakeview Road
Stillwater, OK 74075
405-624-4301

4750 South Garnett Rd
Tulsa, OK 74146
918-641-2400

Workforce Oklahoma – www.workforceok.org

Oklahoma Employment Security Commission

Muskogee Locations:

717 South 32nd
Muskogee, OK 74401
Phone (918) 682-3364 / FAX (918) 682-4311

VA Regional Office .
125 South Main, Suite 1A20
Muskogee, OK 74401
Phone (918) 781-7535 / FAX (918) 781-7538

Other Locations:

6101 SE Nowata
Bartlesville, OK 74006
Phone (918) 331-3400 / FAX (918) 331-0044

1810 North Sioux Avenue
Claremore, OK 74018
Phone (918) 341-6633 / FAX (918) 341-7723

1201 East Watts Avenue
McAlester, OK 74501
Phone (918) 423-6830 / FAX (918) 429-1175

711 East Krayler Ave
Stillwater, OK 74075
Phone (405) 624-1450 / FAX (405) 372-0295

1755 South Muskogee
Tahlequah, OK 74464
Phone (918) 456-8846 / FAX (918) 456-3256

Downtown Tulsa
2 North Elgin
Tulsa, OK 74120
Phone (918) 596-7200 / FAX (918) 596-9999

DEPARTMENT OF HUMAN SERVICES –
WWW.OKDHS.ORG

SERVICES FOR PERSONS WITH DISABILITIES

- Adult Protective Services (APS) - Information about the program that investigates reports of abuse, neglect or exploitation of vulnerable adults, including persons with developmental disabilities.
- ADvantage Waiver - Provides Medicaid services to help people (including older Oklahomans and adults who have physical disability) stay at home instead of going to a nursing home. The program does not cover children or persons with mental retardation.
- Child Support Services - Services designed to help children get the support they need, including locating the non-custodial parents' addresses and employers, establishing legal paternity, establishing child and medical support orders, enforcing support for married, separated or divorced parents and modifying support orders.
- Developmental Disabilities Services - Provides services to persons ages 3 and older who have a primary diagnosis of mental retardation (IQ of 70 or below). The persons served may also have other developmental or physical disabilities in addition to mental retardation.
- Early and Periodic Screening, Diagnosis and Treatment (EPSDT) - Services that have an established schedule of exams to ensure the continued health of Medicaid eligible individuals up to age 21.
- Food Stamps - Also known as the "nutrition safety net of the nation," these benefits help raise nutritional levels of low-income households.
- Refugee Assistance - Cash and medical assistance programs are available to eligible refugees for up to eight months after they arrive in the United States.
- Resource Centers - Public residential facilities that provide a full array of medical, therapeutic and vocational services as well as around-the-clock care for residents.
- Sooner Start - Oklahoma's early intervention program for infants and toddlers with disabilities and developmental delays.
- Supplemental Security Income – Disabled Child Program (SSI-DCP) - Services that assist children from birth to age 18, who receive a Supplemental Security Income Disability Payment, in getting needed equipment and services. This includes adaptive equipment and specialty formula from birth to age 18 and diapers from age 4 to age 18.
- Tax Equity and Fiscal Responsibility Act (TEFRA) - Program that allows children with physical or mental disabilities, who would not ordinarily be eligible for Supplemental Security Income benefits because of their parent's income or resources, to become eligible for Medicaid.

- Temporary Assistance for Needy Families (TANF)- provides temporary cash assistance in meeting basic needs, training leading to employment, employment services and child care assistance for qualified families
- Transportation - Provides funding for specialized public transportation services to the elderly and persons with disabilities. Grants are awarded in the form of vehicles to private, non-profit applicants in urban and rural areas.
- Utility Assistance – Get information about cash assistance to help low-income households to pay winter heating and summer cooling bill, and to provide help for families who have received utility cut-off notices.

VETERANS ORGANIZATIONS

All of these organizations are in the Federal Building, 125 S. Main Street,
Muskogee:

- Veterans Administration Regional Office / 800-827-1000
- Amvets National Service Officer / 918-781-7762
- Disabled American Veterans (DAV) / 918-781-7764
- Paralyzed Veterans of America – 918-781-7768
- Veterans of Foreign Wars (VFW) Service Office – 918-781-7769

American Legion Post 15

4012 West Okmulgee St
Muskogee, OK 74401
(918) 682-7341

Websites

CVA (Stroke) Resources

American Stroke Association – www.strokeassociation.org

Dedicated to decreasing disability and death from stroke through educational programs, products and services, and advocacy.

American Stroke Foundation – www.americanstroke.org

National Aphasia Organization- www.aphasia.org - A nonprofit organization that provides public education, research, rehabilitation, and support services to assist people with aphasia and their families.

Amputee Resources

Amputee Coalition of America – www.amputee-coalition.org

Mission - To reach out to people with limb loss and to empower them through education, support and advocacy. Offers support groups.

Amputee Information Network – www.amp-info.net

Offers mailing list and website links for amputees of all ages.

Amputee Resource Foundation of America, Inc. – www.amputeeresource.org

Includes a comprehensive list of informational webpages for amputees and their families.

MTB Amputee - www.mtb-amputee.com

An informal organization of amputee mountain biking and cycling enthusiasts. Also includes information on ATV and snowmobile modifications.

Brain Injury Resource

Brain Injury Association of Oklahoma –

www.braininjuryoklahoma.org - The Brain Injury Association of Oklahoma (BIA-OK) is an advocacy organization for Oklahoma's survivors of brain injury. As a non-profit organization, Brain Injury Association of Oklahoma strives to educate survivors, family members, professionals, and the public about all matters related to brain injury.

Websites, continued

Other Resources

www.CareGiver.com

For, about and by caregivers of the elderly, heart attack/stroke survivors, and people with Diabetes. Includes links to local support groups.

MyHealthVet – www.myhealth.va.gov

VA health information at your fingertips! Refill and check the status of your prescriptions, research conditions in the Medical Library, track your vital signs with the online medical record service. Also includes links to most requested VA forms.

Rehability! Stores - www.rehabilitystores.com

Offers rehabilitation products that are specially selected by internationally recognized healthcare professionals. 10% discount for VA patients, enter code **VA10** at checkout.

United States National Library of Medicine - www.nlm.nih.gov

WebMD – www.webmd.com

Offers information on conditions, treatments and medications. Online medical record service. Message boards, news and blogs.



Southeastern Guide Dogs, Inc.

www.guidedogs.org

4210 77th Street East

Palmetto, FL 34221

(800) 944-DOGS (3647)

The Paws For Patriots™ and Gifted Canine® Programs

Southeastern Guide Dogs offers the Paws for Patriots™ program to assist veterans who have been blinded and/or otherwise wounded during their service in Iraq and Afghanistan wars.

Since our founding in 1982, Southeastern Guide Dogs has been a proud supporter of American veterans. Over the past 25 years, our expertise in training guide dogs to work with people who have multiple disabilities has led many disabled veterans to seek our services.

Professionally and humanely trained guide dogs are given at no charge to visually impaired veterans. Soldiers who have endured other injuries are provided with therapy and companion dogs, at no charge, through our Gifted Canines™ program.

The process of training and preparing a successful guide dog team takes almost two years and approximately \$40,000. Paws For Patriots™, like all programs at Southeastern Guide Dogs, Inc. receives no governmental funding. We rely solely on the generosity of people like you.

